

IPL Hair Reduction

Hair grows in 3 phases. IPL can only treat the hair within the anagen phase in which normal hair grows around half an inch a month (faster in the summer than in winter). This growth phase (anagen phase); is when the hair is growing and is actively dividing cells in the hair follicle, it lasts an average of 3-5 years, so a full-length hair averages 18 to 30 inches. Note: The anagen phase is generally longer in Asians, and can last as much as 7 years with hair being able to grow to 1 metre.

The second phase is the catagen phase; this occurs at the end of the anagen phase. It is a short transitional phase that lasts approximately 10 days. Lastly, hair enters the telogen phase, a resting phase when your hair is released and falls out. The follicle then remains inactive for 3 months and the whole process is repeated.

Each hair follicle is independent and goes through the growth cycle at different times, otherwise all hair would fall out at once. Instead of only shedding a certain number of hairs a day – up to 80 hairs on a healthy head of hair.

Finally, at any given time only a certain percentage of hair in the anagen phase and that the best hair reduction results will require ongoing IPL being performed during the anagen phase over a number of sessions with a time span between treatments.

IPL hair reduction uses focused intense light to rapidly heat and vaporise the hair follicles. To minimise skin burns, other collateral heat related damage and drastically minimise the pain normally associated with IPL hair reduction. Our Starlux System cools the area being treated to 4°C prior to pulsing and then recycles any reflected light back into the hair follicles during the pulse maximising the light dose per shot. This allows the therapist to increase the IPL dose according to individual pain tolerances

As it depends on hair strength, colour, skin type, the patient assessment questionnaire and the individuals tolerance to pain, The therapists will discuss the number of sessions that may be required to achieve your hair reduction goals...

Post IPL Hair Reduction

1. The hair will continue to grow for 2 – 3 weeks (this is the treated hair being pushed out of the follicle) and will then shed.
2. You will have a hair free period for 3 – 6 weeks.
3. New growth will occur, though there will be a certain percentage of hairs that don't grow back. This percentage will increase with each session.
4. Between treatments, hair can be shaved but not waxed or tweezed.

Why come to Elegant Image for IPL treatment?

1. **Not all IPL machines are equivalent:** At Elegant Image we choose to treat our IPL clients with the Palomar StarLux system. The StarLux technology stands alone as the world's most powerful and safest medical grade IPL system. Although the initial purchase price and ongoing maintenance costs are very high we chose Starlux as it is the system of choice by many leading specialist cosmetic and other medical practitioners, it allows us to provide superior treatment results that are safe, quick, comfortable and cost effective.
2. **Not all IPL treatments are always performed by professionally trained staff.** We pride ourselves in offering our clients unparalleled technology administered by fully IPL qualified Beauty Therapists.
3. **Safety is our first and overriding consideration:** To ensure that you are suitable for IPL treatments, we provide an complimentary initial consultation to assess the suitability of you and your skin for IPL treatments during this consultation we perform a small exposure patch to test for any adverse reactions to IPL exposures.

Taking these base consideration into account should assist you and Elegant Image in deciding whether to proceed with the IPL procedure, and if the decision is to go ahead, they also allow us to better manage your IPL experience to ensure your safety and comfort whilst delivering the best outcome possible.

Please be aware that there are some reasons why IPL may not be suitable for you, these can include..

- Recent sunburn or unprotected sun exposure
- Pregnancy
- Severe dermatitis or eczema
- History of seizures
- Active infections
- Using Photo sensitising medications e.g. Roaccutane, Aspirin, Antihistamines
- Herpes 1 or 2 (within the treatment area)
- Very dark skin

Intense Pulse Light Treatment (IPL)



What is IPL and how does IPL work?

IPL stands for Intense Pulsed Light. It is a well established non-invasive treatment that utilises wavelengths of light to effectively treat specific skin concerns and unwanted facial or body hair. The machine utilises a handpiece that pulses extremely bright and concentrated light which is targeted to the area to be treated.

IPL is able to treat skin and hair as the light is attracted to melanin (the dark pigment in your hair and skin) and the red colour in your blood vessels without affecting the surrounding skin. Therefore making IPL a safe and very effective method of reducing or removing the following skin concerns:

- Pigmented lesions such as freckles, sunspots and melasma.
- Facial blood vessels such as spider veins and broken capillaries or facial flushing and Rosacea.
- Unwanted facial and body hair.

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Palomar
STARLUX

Unwanted Hair Gone Forever...
With the world's leading

IPL Technology

IPL Price Menu - Mar 2017

Hair Reduction

	Time	Session Price	x3 Price
Head & Neck			
Upper Lip	10	25.00	20.00
Chin	10	25.00	20.00
Upper Lip & Chin	15	45.00	36.00
Side of Face	15	50.00	40.00
Beard	20	60.00	45.00
Full Face	30	80.00	60.00
Chin & Side Face	20	70.00	56.00
Back of Neck	15	50.00	40.00
Full Neck (Front & Back)	25	90.00	72.00
Trunk			
Breast	10	50.00	40.00
Chest	30	90.00	72.00
Abdomen	30	90.00	72.00
Tummy Line	10	40.00	32.00
Chest & Abdomen	40	170.00	136.00
Shoulders	30	60.00	45.00
Back	30	150.00	120.00
Back Chest & Shoulders	45	290.00	232.00
Lower Back	30	70.00	56.00
Lower Limb			
Bikini Line Std	20	40.00	32.00
Bikini Line Ext	30	50.00	40.00
Full Brazilian	30	66.00	53.00
Buttock Full	30	85.00	68.00
Natal Cleft	15	40.00	32.00
Up Legs (w/o Bik)	30	160.00	128.00
Lower Legs	30	150.00	120.00
Full Leg (w/o Bik)	45	250.00	200.00
Feet & Toes	10	60.00	45.00
Upper Limb			
Under Arms (Both)	10	60.00	45.00
Upper Arms (both)	30	110.00	88.00
Forearms (both)	30	110.00	88.00
Whole Arms	40	155.00	124.00
Full Arm (inc Hds)	45	170.00	136.00

Photorejuvenation

Full Face	45	150.00	120.00
Neck	20	75.00	60.00
Decolletage	30	120.00	96.00
Face & Neck	45	200.00	160.00
Face Neck Decolletage	60	230.00	184.00
Hands	20	100.00	80.00
Forearms	45	130.00	104.00
Hands & Forearms	60	200.00	160.00
Back	60	350.00	280.00

Capillaries - Vessels

Nose	15	40.00	32.00
Cheeks	10	60.00	45.00
Cheeks & Nose	30	90.00	72.00
Chin	10	60.00	45.00
Full Face	30	200.00	160.00
Decolletage	30	120.00	96.00

All time & charges relate to a persons of a medium build
Confirm all Prices as they are Subject To Change Without Notice

IPL Photo Rejuvenation

IPL Photo Rejuvenation or 'Photofacials' are popular effective non-invasive ways to improve many skin conditions. Their most common use is to even out skin tone on any area of the body, while producing firmer, smoother and younger looking skin with each treatment. It allows you to confidently go through the day without consistently re-applying camouflage makeup or covering affected areas up.

- Other photofacial uses include the remediation of:
- sun-damaged and scarred skin,
- age spots, and
- acne.

Pigmented Lesions – Freckles/Sunspots - General Redness

Pigmented lesions may be present on your skin due to a number of reasons including;

- Genetics, such as in the case of freckling
- Sunspots may be present as a result of photo damage from UV rays.
- Melasma may be present as a result of hormonal changes, pregnancy or the contraceptive pill

Pigmentation is commonly more predominant and exacerbated on those areas of our bodies that are consistently exposed to the damaging effects of UV rays; it is typically found on any of the following areas: Face, Neck, Décolletage, Arms and Legs.

IPL lightens pigmentation as melanin will absorb the light as heat energy, as a result destroy the melanin containing skin cells. Initially the treated pigmentation will appear darker, however within approximately 2 – 4 weeks this it slough away and leave a clearer complexion. You may require multiple sessions until the desired result is achieved as well as maintenance treatments. An effective skin care regime is also essential to maintain results, especially an effective sunscreen.

The Clearing of Capillaries and Vessels

IPL is able to treat skin and hair as the light is attracted to melanin (the dark pigment in your hair and skin) and the red colour in your blood vessels without affecting the surrounding skin. Therefore making StarLux IPL a safe and very effective method of reducing or removing;

- facial blood vessels such as spider veins, and
- broken capillaries including facial flushing and Rosacea.

Is your skin suitable for IPL treatment?

In order to select the correct skin type for IPL treatment, our therapists classify your skin according to its melanin (pigment) content and it's reaction to the sun. The lighter the skin type, the more appropriate it is for IPL treatment.

We then test the skin with a short IPL pulse and we will only perform the desired IPL procedure if there is no reaction to the test patch.

.However, we can only achieve approximately 90% hair reduction; no IPL system can achieve 100% hair removal.

How will your skin react after an IPL treatment?

- Most patients will experience mild – moderate redness and a sunburn like sensation lasting 2 – 48 hours.
- After hair removal the skin can appear spotty. This is inflammation within the follicle and will last 2- 24 hours.
- After treatment of pigmented lesions the lesion will turn darker and fade or shed within 7 – 21 days.
- After treatment of vascular lesions the lesion will either disappear immediately or lighten within 2 weeks. A treated vessel may reappear requiring another treatment

How Do You Maintain The Results?

Daily use of your recommended active skin care and sun protection, along with monthly treatments such as Herbal Peels to help maintain healthy skin.

These will be recommended by your therapist. Additional IPL treatments can be administered when necessary, if the pigment or redness returns or can also be performed monthly to maintain results and continue improving the overall appearance and firmness of the skin.

Potential Complications

Unfortunately there are some potential complications with IPL treatment. We do perform skin test spots, which allow us to evaluate the skin's response, significantly reducing potential complications.

- Blistering may sometimes occur, usually it will settle down within 2 hours with ice application.
- Prolonged redness and swelling lasting up to 4 days may occur.
- Darker patches of pigment on the skin may occur. This can last from 2 weeks up to 1 year. You are more at risk if you have a darker skin type. There are some special creams that can be used to reduce this should it occur.
- Whiter patches on the skin can occur. This can last from 2 weeks up to 1 year though also has the potential to be permanent. Again you are more at risk if you have a darker skin type